

# Alternative Spring Break 2017

**Sunday, April 9 to Thursday, April 13, 2017**



## Attend ASB for just \$250

(Total cost of trip - \$650 pp. Cost subsidized by SDA Office.)

### Included:

- \* 3 meals per day
- \* Housing
- \* Social Activities
- \* Educational Experiences
- \* Transportation to and from Boston
- \* Transportation to and from each work site
- \* Team building and reflection activities

Marymount Muscle coordinates an Alternative Spring Break Program (ASB) that is an immersive week of service for MMC students to serve communities by spending the time when the college classes are not in session to volunteer in various cities across the United States. Alternative Spring Break Programs are intended to challenge you to reflect critically upon your role in the community through service, activism, inquiry and leadership. Trips provide opportunities to explore social, economic, political, and cultural issues through unique immersion experiences that facilitate critical thinking and the exchange of ideas.

## WHAT DO I NEED TO KNOW BEFORE I APPLY?

Participation in an Alternative Spring Break Program requires time, energy, and commitment. Each participant must make a commitment for the duration of the program. *Withdrawing at any point could jeopardize the trip for all participants.*

## WHERE WILL WE BE GOING?

This year's location will be Boston, MA. We will be working with a variety of local organizations including The Massachusetts Food Bank and Habitat for Humanity.



ASB 2016 Trip  
Baltimore, MD





## HOUSING INFORMATION

Where will we stay? **Hostelling International** - 19 Stuart St. Boston, MA

What are the sleeping arrangements? Our booking will feature 6, 7, and 8 person dorm rooms. Each participant will have their own bed, reading lamp, electrical outlet, and storage locker.

## SERVICE INFORMATION

Our service week is focused on women and children in need. Participants staff food banks, upgrade transitional housing facilities and serve at soup kitchens. We will also have time to experience some of the site seeing opportunities in Boston. During your ASB experience prepare to participate in reflection and leadership activities that will inspire lasting memories.

## FUNDRAISING AND SCHOLARSHIPS

Participants in the ASB trip are encouraged to reach out to their community of family, friends, etc. as a means of fundraising for their Student Participation Fee. There will also be a number of group fundraisers on campus to raise funds for the overall cost of the trip.

This year Student Development and Activities will offer scholarships to help offset the cost of the ASB Trip. Participants who would like to apply for the need based scholarship can do so in the ASB Application.

*ASB 2015 Trip  
Washington, D.C.*



## FEE SCHEDULE

Student Participation Fee = \$250

\$25 due with application

\$75 due Friday, 12/02

\$75 due Friday, 2/10

\$75 due Friday, 3/10

Become a part of the  
movement!



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